

Prayer and Fasting - Part 1 **Essentials**

I. Standing Firm

A. Ephesians 6:10-13

II. Growing in Spiritual Maturity

A. Ephesians 4:11-14

III. Essential Spiritual Disciplines

IV. Discipline #1 - Prayer and Fasting

A. Daniel 6

B. 1 Kings 18

C. Acts 12

D. Luke 22